

# RELISH PUBLICATIONS



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## **A TASTY new cookbook with an interesting mix of ingredients showcases the very best locally-sourced produce and culinary talents of Wales.**

Relish Wales offers a flavour of the region through signature recipes provided by chefs from the best restaurants, inns and hotels across the country. The glossy, hardback book features 84 exclusive recipes – a starter, main and dessert from 28 restaurants – plus a handy larder guide to the best local suppliers.

Tantalising dishes with a local flavour include Loin of Welsh Venison, courtesy of Gliffaes Country House Hotel; A tasting of Welsh Pedigree Pork from Maes Yr Haf.

Teresa Peters, one of the partners behind Relish Publications explains, *“We published previous versions of the cookbook for Cumbria, Scotland, Yorkshire, North East England, Manchester and Merseyside and were excited to come to Wales, as there are so many amazing places to choose from. We’ve uncovered some hidden gems in every area and Wales is no exception – the contributors really are a culinary who’s who of Wales. We have included some fantastic recipes from a selection of the counties finest chefs and hope readers try these dishes at home then visit the restaurants and see how the experts do it.”*

The book’s foreword is written by celebrated Welsh restaurateur Shaun Hill, and includes an entry from his Michelin Starred restaurant The Walnut Tree. Shaun explains: *“I am, delighted to be promoting this book. It is not simply a showcase for good cooking and great regional restaurants; it’s also a celebration of the high quality of food and drink available in Wales.”*

Other entries include The Crown at Whitebrook and Celtic Manor, The Hardwick, the recently Michelin starred Checkers, and some of Wales’ favourites such as Y Polyn, Plas Bodegroes, The Bell at Skenfrith and Tyddyn Llan.

Attractively priced at only £17.50, Relish Wales makes an excellent Christmas gift for the foodie in your life. Available in high street bookshops such as Waterstones and WH Smiths or online at [www.amazon.co.uk](http://www.amazon.co.uk) or [www.relishpublications.co.uk](http://www.relishpublications.co.uk).

Relish Wales launches on 12<sup>th</sup> December at The Hardwick, Well known Head Chef Stephen Terry said, *“I am thrilled to have The Hardwick included in Relish Wales. It is a fabulous way to showcase some of our beautiful country’s fabulous eateries and to be able to share our food with a wider audience.”* Stephen Terry The Hardwick.

To view our series of Relish Cook Books and to read about the restaurants we have featured visit our website [www.relishpublications.co.uk](http://www.relishpublications.co.uk).

For a CD sample of recipes and images, for books to give away for competition prizes, or to interview any of the chefs please contact: Ria Parkin 07921 038 680 or email [marketing@relishpublications.co.uk](mailto:marketing@relishpublications.co.uk).