

# RELISH PUBLICATIONS



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## Top Chefs Relish in a TASTY new Welsh cookbook.

The beautiful Relish Wales book was launched on Monday 12<sup>th</sup> December, at The Hardwick, where 28 of the best chefs in Wales celebrated the launch of this 300 plus page hardback book. Chefs travelled from all over Wales to come together for this rare opportunity to share in the success of the book, despite a busy lead up to Christmas.

Well known Head Chef Stephen Terry said, *"I am thrilled to have The Hardwick included in Relish Wales. It is a fabulous way to showcase some of our beautiful country's fabulous eateries and to be able to share our food with a wider audience."* Stephen Terry The Hardwick.

Relish Wales offers a flavour of the region through signature recipes provided by chefs from the best restaurants, inns and hotels across the country. The glossy, hardback book features 84 exclusive recipes – a starter, main and dessert from 28 restaurants – plus a handy larder guide to the best local suppliers. The chefs featured and some of their recipes can be viewed on the Relish Restaurant Guide – [www.relishpublications.co.uk](http://www.relishpublications.co.uk)

The book's foreword is written by celebrated Welsh restaurateur Shaun Hill, and includes an entry from his Michelin Starred restaurant The Walnut Tree. Shaun explains: *"I am, delighted to be promoting this book. It is not simply a showcase for good cooking and great regional restaurants; it's also a celebration of the high quality of food and drink available in Wales."*

Tantalising dishes with a local flavour include Loin of Welsh Venison, courtesy of Gliffaes Country House Hotel and A Plate of Chocolate Loveliness from The Hardwick. Some of these recipes are available on the online Relish Restaurant Guide.

Other entries include The Crown at Whitebrook and The Crown at Celtic Manor, The Hardwick, and some of Wales' favourites such as Plas Bodegroes, Y Polyn, Gliffaes Country House Hotel, The Bell at Skenfrith and the recently Michelin starred Checkers.

Teresa Peters, one of the partners behind Relish Publications explains, *"This is our eighth regional cookbook with previous editions in: Cumbria; Scotland; Yorkshire; North East England; Manchester and Cheshire; Merseyside and Lancashire. We've uncovered some hidden gems in every area and Wales is no exception – the contributors really are a culinary who's who of Wales. We have included some fantastic recipes from a selection of the country's finest chefs and hope readers try these dishes at home then visit the restaurants and see how the experts do it."*

Attractively priced at only £17.50, Relish Wales makes an excellent Christmas gift for the foodie in your life. Available in high street bookshops such as Waterstones and WH Smiths or online at [www.amazon.co.uk](http://www.amazon.co.uk) or [www.relishpublications.co.uk](http://www.relishpublications.co.uk).

To view the series of Relish Cook Books and to read about the restaurants that are featured visit our website [www.relishpublications.co.uk](http://www.relishpublications.co.uk).

For a CD sample of recipes and images, for books to give away for competition prizes, or to interview any of the chefs please contact: Ria Parkin 07921 038 680 or email [marketing@relishpublications.co.uk](mailto:marketing@relishpublications.co.uk).