



The North West's Top Chefs Relish In Their New Recipe Book

Press Release September 2011

The London Carriage Works at the Hope Street Hotel, Liverpool played host to a unique, foodie gathering on Monday 19th September 2011. The North West's top chefs, restaurateurs, food critics and media came together to celebrate the launch of the recipe book Relish Merseyside & Lancashire.

Gourmet canapés created by Paul Askew were served throughout the afternoon and Lallier champagne was provided by wine supplier Boutinot, with music performed by a local girl, the talented pianist and vocalist, Anna Corcoran. It was a rare chance for all these talented chefs of Merseyside and Lancashire to meet and enjoy the breathtaking views of Liverpool that the 5th floor of The LCW offers.

Relish Publications proudly sponsor "Hospitality Action" and a raffle was held to raise money for this charity with prizes such as B&B at the luxurious Hope Street Hotel, courtesy of Paul Askew and the complete series of Relish Books.

Paul Askew of the London Carriage Works who also wrote the book's foreword said, *"It is a great pleasure to introduce this exciting book. Not only does it show the depth of quality and diversity that our region provides but also the strength and integrity of its Larder"*.

Some restaurants featured in the book include Spire (Winner of The Good Food Guide's North West Restaurant of the Year 2011), Michelin starred chef Marc Wilkinson of Fraiche, Claire Lara of La Mouette in the Wirral (MasterChef The Professionals Winner 2010), 60 Hope Street, Puschka, Freemasons, The Inn at Whitewell, The Bayhorse, The Lawns Restaurant at Thornton Hall Hotel, Parker's Arms, Salt House Tapas, Lunya, Rhubarb and Custard plus many more of the region's finest culinary talent.

Relish Merseyside & Lancashire offers a flavour of the region through recipes provided by the North West's best chefs from the best restaurants and hotels, ranging from the culturally rich city of Liverpool to the majestic rural landscapes of Lancashire.

With the success of Relish Recipe Books in Cumbria, Scotland, Yorkshire, the North East and Greater Manchester and Cheshire which launched September 12th, Relish Merseyside and Lancashire offers a visual feast with stunning photography. The book has 240 glossy pages featuring 66 recipes (starters, mains, desserts), wine recommendations and a hand-picked Larder Guide of the region's best local suppliers; creating award winning meals in your own home has never been easier. It makes for the perfect gift.

"A practical and inspiring collection of Merseyside and Lancashire leading chefs with recipes and insight that capture the escalating standards of cuisine in the north west and those responsible for putting the region firmly on the culinary map."

Marc Wilkinson, Fraiche

"I feel very proud to be part of this book, which represents so much of what I love about good food. I think we have really upped our game in the Northwest over the last 20 years and you will see this in the restaurants and chefs featured, who have all been chosen for their superb ability and dedication to their craft."

Claire Lara, La Mouette at The Royal Hilbre

It is competitively priced at £17.50, and is available at the Restaurants featured in the book and at local and national bookshops, Amazon, as well as online.

To view our series of Relish Cook Books and to read about the restaurants we have featured visit our website www.relishpublications.co.uk.

For a CD sample of recipes and images, for books to give away for competition prizes, or to interview any of the chefs please contact: Ria Parkin 07921 038 680 or email marketing@relishpublications.co.uk

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