

Press Release November 13th 2011

Four Relish Chefs from Four Regions cook extraordinary meal at Harvey Nichols Second Floor Restaurant

For one night only, Harvey Nichols' head chef Stuart Thomson invited three of the UK's leading chefs to join him in the kitchen to cook a unique four course Relish meal for a select number of guests.

The evening celebrated each of the chefs being featured in four recipe books in the ever popular Relish series, priced at a competitive £17.50 these books make an excellent buy, see www.relishpublications.co.uk for details.

The chefs and their recipes

Paul Askew of the two AA Rosette London Carriage Works at The Hope Street Hotel, Liverpool, prepared the starter - *King Scallop with Braised Pork Cheek and Morcilla, served with Cauliflower puree, Golden Raisin Dressing and Jus*

<http://www.relishpublications.co.uk/recipes/search/enter-your-cuisine-ingredient-etc/453>

Next came **Simon Shaw** of El Gato Negro Rippondon Yorkshire, winner of *Gordon Ramsay's F Word* Top Local Restaurant, and a man inspired by the finest contemporary Catalan cuisine. Simon prepared and served an exquisite Intermediate course - *Grilled Gambas with Chorizo Butter, Lemon and Aioli*

For the Main course, Harvey Nichols own Head Chef **Stuart Thomson** served up his course from Relish Manchester and Cheshire - *Cheshire Lamb*

And finally, **Stuart Muir** from Harvey Nichols forth floor restaurant in Edinburgh created an amazing finale of Strawberry Dessert.

An excellent gift for the foodie

Each chef is delighted to be involved with Relish and to have the opportunity to showcase their talents in such an innovative way. Paul said "Working with the Relish team is always a pleasure, their books are superb with fantastic photography and exclusive recipes from each region – with Christmas just around the corner they really do make an excellent gift for the foodie in your life"

Relish books cover the following areas - Scotland, North East, Cumbria, Manchester and Cheshire, Merseyside and Lancashire, Yorkshire and the soon to be launched Relish Wales. They are available from the featured restaurants, www.relishpublications.co.uk, high street retailers such as Waterstones, WHSmiths, Harvey Nichols and online via Amazon.

For pictures, recipes and more information please contact Teresa Peters, General Manager at Relish Publications

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